

Introduction to Mental Health Care

Training Course Details

About This Course

This course covers vital theory and practical techniques providing an introduction to mental health care.

Who Should Attend?

Anybody working in mental health as either part of an induction programme or ongoing training. The course is particularly ideal for healthcare assistants.

Course Objectives

To prepare students for working in a healthcare setting and to give an understanding of mental health issues. It will also equip students with relevant skills that can be adapted to their individual work environment.

Course Overview

Welcome and introduction, followed by:

- Mental health awareness
- Confidentiality issues
- Customer care
- Substance misuse
- Team work
- Record keeping
- Communication skills
- Stress management
- Boundary issues
- Risk assessment
- Observation

Practical scenarios to recap key points

Assessment – written and practical

Course Details

Duration **3 days**

Certificate **Certificate of completion provided**

Course Title **Introduction to Mental Health Care**

Course Ref **HC001IMH**