

## **Understanding Addiction / Substance Misuse**

### Training Course Details

#### **About This Course**

This course covers vital theory and practical techniques for all aspects of understanding addictions and substance abuse.

#### **Who Should Attend?**

Anybody with an interest in this field and all personnel whose work brings them in to contact with people with addictions and / or those who deal with substance misuse.

#### **Course Objectives**

To provide students with an insight into the nature of addiction and to gain knowledge of treatment plans and outcomes.

#### **Course Overview**

Welcome and introduction, followed by:

- Addiction – illness or behaviour?
- Alcohol, drugs, gambling
- Models of treatment
- 12 step programme
- Examining genetic links
- Co-dependency
- Detox
- Motivational interviewing

Practical scenarios to recap key points

Assessment – written and practical

#### **Course Details**

Duration **1 day**

Certificate **Certificate of completion provided**

Course Title **Understanding Addiction / Substance Misuse**

Course Ref **VP06UASM**

#### **Additional Information**

This course can be adapted to focus on a particular addiction and / or treatment.