



## Safeguarding Train the Trainer

### Course Outline - Day 1

This course is a must for anyone who works with children and young people and may have contact with adults at risk from harm. It is aimed at those who may be involved in the protection process at a higher level and for all mental health clinical staff including CAMHS workers.

#### Learning Outcomes :

- To recognise the obligations under legislation relevant to safeguarding children & adults at risk of harm.
- To know what constitutes abuse, including the effects of carer behaviour on individuals.
- To be able to identify possible signs of abuse; sexual (including child sexual exploitation and FGM), physical, emotional abuse or neglect using a child and family-focused approach.
- To identify possible signs of physical, emotional, domestic abuse, sexual abuse, neglect, self neglect, financial, discriminatory, institutional, radicalisation and human trafficking.
- To have an understanding of the lessons learned from Serious Case Reviews.
- To be able to demonstrate an understanding of the issues surrounding misdiagnosis in safeguarding/child protection and to know how to effectively manage diagnostic uncertainty and risk.
- To be able to know how to undertake, where appropriate, a risk and harm assessment.
- To know how to undertake documented reviews in various ways, such as through audit, case discussion, peer review, and supervision as a component of refresher training.
- To be able to know how to contribute to, and make considered judgements about how to act to safeguard an individual.
- To know how to communicate effectively with individuals, and to know how to ensure that they have the opportunity to participate in decisions affecting them as appropriate to their age and ability. To understand why adults at risk might not disclose abuse and how to support adults in this process.
- To be able to know how to appropriately contribute to inter-agency assessments by gathering and sharing information.
- To be able to document concerns in a manner that is appropriate.
- To be able to demonstrate a clear understanding, as appropriate to role, of forensic procedures in abuse or maltreatment, and knowing how to relate these to practice in order to meet clinical and legal requirements.

# Course Outline - Day 2

This programme has been designed to provide support, and develop the knowledge and confidence of nominated trainers who are responsible for the delivery of specific safeguarding programmes that focus on Adults at Risk of Harm or Children and Young People.

The one-day course is interactive and has a clearly defined structure. The principles of adult learning and practical activities will be integrated with discussion and reflection. Participants will be expected to contribute to practical activities and presentations within the group groups.

## **Aims for this course are :**

- To build confidence and provide support to trainers.
- To understand the principles of adult learning and how environment and stress undermines learning.
- To understanding what it takes to deliver a successful learning event.
- To support the development of a competent performance in relation to the delivery of the specific safeguarding programme.

Participants will be expected to undertake a Micro Teach exercise as part of this programme.

## **Learning Outcomes:**

- Undertaken delivery of the Safeguarding Awareness Programme (Micro Teach).
- Explored good practice in training delivery.
- Undertaken case studies/activities that can be adapted to own service setting.
- Identified good practice when dealing with difficult learners.
- Evaluate and reflect on own delivery.
- Had an opportunity to network and share practice.
- Identified other relevant resources that can be used to support training.
- Undertaken delivery of the Safeguarding Awareness Programme (Micro Teach).

After the course has taken place, each delegate will be sent a Safeguarding Awareness Training pack via we transfer containing a template Safeguarding presentation, which they can adapt, tailor to their workplace and use to deliver training sessions within their organisation.

# Course Competencies

## **For Safeguarding Children and Young People**

- ✓ The Intercollegiate document; safeguarding children and young people: Roles and Competencies for health care staff. Fourth Edition January 2019
- ✓ Working Together to Safeguard Children 2015
- ✓ National Competence Framework for Safeguarding Children; Learn to Care and Bournemouth University 2014
- ✓ Skills for Care and Health: Core Competencies for Health Care support workers and Adult Social Care workers in England DOH 2015 (NHS England)
- ✓ Safeguarding children and young people – every nurse's responsibility RCN guidance for nursing staff
- ✓ CQC Statement on protecting children at risk 2015

## **For Safeguarding Adults at Risk**

- ✓ The Intercollegiate document Adult Safeguarding: Roles and Competencies for Health Care Staff (First edition: August 2018 )
- ✓ National Competency Framework, Bournemouth University 2010
- ✓ National Capability Framework for Safeguarding Adults Bournemouth University, Learn to Care, Skills to Care, SCIE 2014
- ✓ SCIE Report 39: Protecting adults at risk: London multi-agency policy and procedures to safeguard adults from abuse
- ✓ Skills for Care and Health: Core Competencies for Health Care support workers and Adult Social Care workers in England DOH 2015 (NHS England)
- ✓ CQC Statement on protecting adults at risk 2015